# BACS BULLETIN May 2023

Box 300 Bon Accord, AB TOA 0K0
www.bonaccordschool.ca T: (780) 921-3559



May 1-5 Education Week!
Assemblies at 2pm daily (except Thursday)

May 3 - HATS ON! for Mental Health

May 4 - Town Wide Clean up 2pm

May 8 - Grade 3s Field Trip to Culture Camp

May 8 & 9 - PreK IPP Planning - No classes

May 12 - Gr. 1 Field Trip to PTNF Gr. 4 Westbury Theatre Field Trip

May 18 - Grade 4 Track Meet

May 19 - PD Day - No School

May 22 - Victoria Day - No School

May 23 - School Council and PSS AGM 6:30pm

May 24 - KM Field Trip to Zoo

May 25 - KT Field Trip to Zoo

May 29 - Bee School In School Field Trip for Gr 1 & 2

May 30 - Volunteer Tea 1:30pm







# from the principal

Dear Bon Accord Community School Families,

It seems that every time I write my monthly message to you, we have an exciting month coming up! The end of the year is always busy with field trips, activities, assessments and transitioning to next year. I Know the end of the year does not come without some anxiety. However, we are planning for student transitions and how we can align our school practice to lesson this anxiety and students can focus on being learners, thinkers and positive members of our community.

The most exciting thing happening in the coming months is the creation of an outdoor classroom! Mr. Chabot and I are in the process of planning with the Town of Bon Accord and our School Division to build an outdoor classroom with terrace seating into one side of our berm. We are applying for grants and reaching out to local organizations for sponsorships and donations. We are also working closely with our PSS to make this a community project. Come out to our School Council and PSS Annual General Meeting on May 23rd to hear more about it. We are looking for more people to be members of the executive and be voting members if you are interested. our School Council and PSS are instrumental in bringing different opportunities and materials to students. A few things they have funded throughout the years; couches in the Gathering Area, trees and furniture in the Learning Commons, snow shoes for the school, a field trip to Drumheller for the grade 4's every year, Chromebooks for students and so much more!

Thank you for your continued support of our students and school!

Ms. Brenneis

# April Highlights

























































# sâkipakâwipîsim

#### Leaf Budding Moon

Pronounced-Sah-ghee-pug-ah-wee-pee-sim



The leaf-budding moon is one of my favorites! The earth continues to wake up and become lush and green. We notice the buds on the trees appear and then transform into bright leaves that adorn the trees with color. The berries and flowers are starting to form, and we hear the playful chirps of birds playing outside. Bees are also very busy at work during this moon. Bees are extremely important because they pollinate plants and food crops! Bees teach us that all living things big and small play an important role in taking care of the Earth.

#### Fun Facts About Bees

- 1) One honey bee makes less than 1tsp of honey in its lifetime.
- 2) Bees are very efficient creatures. They use the hexagon shape in the hive to optimize storage and have no wasted space.
- 3) Bees have 5 eyes! There are 2 large eyes, and three smaller ones on the top of the head.

The challenge this month is to research how we can protect the bees!

#### Miyo Okâwîmâw-kîsikanisik

Happy Mother's Day!

Created By: Indigenous School Counsellor Katie Holubowich

# REGISTRATION IS NOW OPEN

FOR THE 2023/24 SCHOOL YEAR







Registration for the 2023-2024 school year is now OPEN!

New and returning K-4 students can register at <a href="https://www.bonaccordschool.ca/registration">https://www.bonaccordschool.ca/registration</a>

### BACS Supplemental Kindergarten Program

Everyone a Teacher Everyone a Learner



#### Register today!

Contact our front office to complete your registration form
(780) 921 3559
baccord@sturgeon.ab.ca

Registrations and deposit (post dated cheque) are due May 30, 2023

#### **Program Delivery and Activities**

Organized activities within a structured play-based environment.

Monthly themes to foster curiosity, innovation and creativity.

Hands on Learning

Outdoor and nature-based programming utilized frequently to foster healthy child development, connections to the land, and active, kinesthetic learning.

#### **Eligibility**

Children must be five years old on or before December 31, 2023 and live within the school's attendance area to be eligible for Kindergarten Programs.

Students should be able to independently dress themselves, use the washroom, and listen to directions as no additional supports will be available other than the teacher.

Completed registrations and a post dated cheque for \$350 are due to the school by May 30, 2023.

\*Should there not be enough enrollments, deposits will be refunded.

#### Funding and requirements

It is important to note that currently, the Alberta Government only funds half time Kindergarten.

This potential full-time option is provided at a cost to parents and comes with no additional supports in the classroom.

Parents who choose to enroll children will be required to pay a fee; maximum \$350/per month. Higher enrollment reduces cost.

Parents are encouraged to volunteer at least two afternoons each month.

The program requires a minimum number of registrants (19) to make the program viable and there will also be a cap on enrollment to provide the necessary value to students.

"The importance of exploratory learning cannot be underestimated. Providing opportunities to explore and learn through play is crucial for healthy brain development and social-emotional well-being. As kids follow their curiosity and try new things, they build strong neural connections that will play a key role in learning and behavior throughout life. And, equally important—exploratory learning is kid-driven and profoundly fun."

(Galileo Learning LLC, 2021)



Dear Parents/Guardians,

Mental Health in Schools is a new initiative supported and funded by the Government of Alberta. Positive mental health is a critical component of academic success. Students who experience positive mental health are better able to learn, achieve success and build healthy relationships. The initiative focuses on providing mental health prevention and promotion. As each school and community is unique, services are tailored to address the needs of the student population.

Two designated Mental Health Coaches work in Lilian Schick, Bon Accord Community School and Legal Public School; three days a week, spending half days at each school. Being present in the schools allows students, families and staff to connect with the Mental Health Coaches. Services offered but is not limited include, facilitating social and emotional learning/skill building groups for students, providing students with strategies when they are having difficulty managing their emotions (self-regulation), after school information presentations on various mental health topics for parents and creating partnerships with community agencies. Please note that the Mental Health Coaches do not provide counselling or therapeutic services.

Topics we will be discussing during our visits into your child's classroom in Legal will include:

- · Respect
- Kindness
- · Responsibility
- Courage
- · Worry
- · Healthy relationships/ boundaries

Please feel free to reach out and connect with us via email – Kezia Mensah-Franks (Kezia.Mensah@sturgeon.ab.ca) and Marnie Kassian (Marnie.Kassian@sturgeon.ab.ca)

We look forward to working with your school communities!

Marnie Kassian, Mental Health Coach

Kezia Mensah – Franks, Mental Health Coach







## Kimochi Corner



In April, we have been working on the Kimochi's Keys to Communication. So far, we have covered the first 5 keys; getting someone's attention, using a talking voice, using a talking face and body, choosing helping words, and redoing hurtful moments. In the lessons we talk about different aspects of communication from body language and verbal communication to reading social cues. During our lessons we have used the Kimochi characters to act out common scenarios and we have discussed how this connects to interactions that happen around our school environment. These were some interesting and helpful conversations! We will be continuing the keys in May where we will be discussing 'being kind and letting others redo' and 'assuming the best'! Please keep an eye out for activities and posters that are sent home, as well as a handout that provides information about how to connect these pieces at home!

#### BACS SCHOOL CLOTHING IS HERE!

http://bonaccordcommunityschool.entripyshops.com/









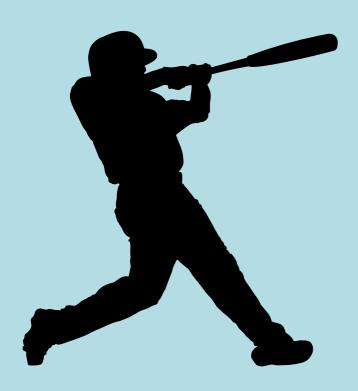
## Shop by item, style, brand, or category!

We have partnered with Entripy.com, Canada's leader in custom apparel, and set up an online spirit wear shop to help students show their school spirit!

Our school's online shop features dozens of itemsfrom t-shirts, to hooded sweatshirts, jackets, toques and even bags from name brands. Shopping is easy and convenient. You can order as few as one item, choose from a selection of pre-approved school logos, and even personalize with your child's name.

Entripy provides a 10% REBATE on Bon Accord Community School shop sales back to our school.

You can order at any time and the clothing is shipped directly to your door!



# BON ACCORD COMMUNITY SPORTS

Registration is underway in the community for both soccer and baseball for the spring season, starting May 1.

Baseball registration link: <a href="http://BonAccordBaseball.rampregistrations.com">http://BonAccordBaseball.rampregistrations.com</a>

Soccer registration link: <a href="http://BonAccordSoccer.rampregistrations.com">http://BonAccordSoccer.rampregistrations.com</a>

Please reach out to bonaccordsports@gmail.com to volunteer.





## Wanting to Volunteer?

#### Get Involved!

- Help out Mrs. Mercer with Community Breakfasts (Next one is May 26)
- Join a committee on our Program Support Society
- Volunteer to help with Hot Lunches
- Volunteer in Classrooms (criminal record check required)
- School council and PSS Meetings held the last Tuesday of every month at 6:30pm.

Contact our front office for more information!

Nutrien Feeding the Future generous donation of

A big thank you to Nutrien for their \$4000 to our Nutrition Program!

The Canadian Pediatric
Society recommends:
No screen time for children
under two years old,
less than one hour of screen
time daily for children
between the ages of two and
four, and
less than two hours of screen
time per day for older
children.

# Stay Technology Smart

Resources

<u>TikTok</u> <u>Parent's</u> <u>Guide</u>

MORE THAN 29 MILLION
REPORTS OF SUSPECTED CHILD
SEXUAL EXPLOITATION ARE
RECEIVED BY THE NATIONAL
CENTER FOR MISSING &
EXPLOITED CHILDREN
ANNUALLY.

That's over 563,461 reports per week.

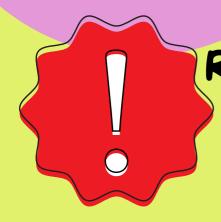
www.thorn.org

Snapchat Parent's Guide

SAFFRON
Presentation
Foundations
of Connection

Discord Parent's Guide

<u>Instagram</u> <u>Parent's Guide</u>



Read this article about the new Snapchat AI

HERE

# Stay Informed!

# There's always something happening in Sturgeon Public School Division!

SUBSCRIBE TO OUR DIVISION NEWSLETTER <a href="https://www.sturgeon.ab.ca/">https://www.sturgeon.ab.ca/</a>

See our school Education Plan here

SPS GUIDING PRINCIPLES

**Excellence in Teaching** 

**Mutual Respect** 

**Learning Choices** 

**Shared Responsibility** 

Belonging

Communication



Read the April Trustee
Talk Here



Follow SPS on Instagram



Follow SPS on Facebook



Follow BACS on Instagram



Bon Accord Community School
595 followers • 19 following

\$\frac{1}{2} \times \

Follow BACS on Facebook



## Community Supports

https://www.bonaccord.ca/



A Big thank you to Shell for their \$1000 donation to our school to use for Student Programming!



#### Bon Accord Gibbons Food Bank

The mission of the Bon Accord Gibbons Food Bank is to provide help to individuals and families in crisis by providing clients with quality, nutritious food. If you or someone you know requires assistance, please contact us at 780-923-2344. Messages are checked daily and all inquiries are answered within 24 hrs.



#### EVERY CHILD IS AN ARTIST!

THURSDAY, MAY-11TH, 2028 4:00PM - 7:00PM ARTS PROGRAM FUNDRAISER

#### JOIN US AT LANDING TRAIL SCHOOL FOR AN EVENING OF:

-sparkle tattoos \$5
-art raffles
-silent auction
-live painting up for auction
-art displays
-local artists

-hotdog with drink and chips \$5
-feature artists
-colouring tables
-cupcakes by donation
-art/jewelry sales
-photobooth

See artwork by students at Landing Trail School & visiting community artists

\*entrance donations are appreciated\*

Did you Know that Sturgeon Public School Division also has access to Social Workers? They can help connect families to various community supports, mental health supports, navigating new systems, and many other areas.

Contact the school for more information!