



Bon Accord
Community School



BEAR FACTS

www.bonaccordschool.ca

Principal Message:

Thank you to all the parents / guardians who were able to be involved in their child's education by bringing him/her/them to our Spaghetti Dinner to Meet the BACS Staff evening. Please join me in welcoming our new Vice Principal Mr. Darryl Propp to BACS.

Coming to the school when you can shows your children that you are involved and value what they are learning. Also thank you for the many volunteers who have come in to help on our first day, in classrooms, Terry Fox Run and Cross Country Run. Our school theme for 2008-2009 **We are unique, we are one.**

Mrs.McWilliam

From the VP's desk

Wow, I can hardly believe that a month has gone by at Bon Accord Community School. I have been overwhelmed by how fantastic this experience has been. I have never been so busy, and at the same time so pleased with what I have seen happening. The students here have been very welcoming and have made me feel right at home. The staff has been great and I am thrilled to be part of such a great staff. Parents, you can be proud of your students and of the great school they attend.

Thank you to the parents that have taken the time to introduce themselves. Forgive me ahead of time for forgetting your names. Just reintroduce yourself to me and eventually I will remember.

I am looking forward to a great rest of the year; and like our new school song says, "Our school is NUMBER ONE!"

Darryl Propp
Vice Principal

School Notes:

- Thank you to those families that have paid their school fees for the school year. If you have not paid the school fees please forward fees as soon as possible to the school office or to make payment arrangements please call the office.
- Please remember to check our website for updates of information and pictures.
- If you have any changes with contact information please notify the office so we can update our files.

- The parking lot on the north side of the school is a drop off zone for parents to drop off their children. Please do not park in the driveway to stop the flow of traffic.
- Please note that some students have allergies to peanuts & or nuts. We are striving to be nut free school.
- Please note that there are some children and staff that have a sensitivity allergy to scents of perfume, colognes and deodorizers. Please be conscientious of this when entering our school.
- Our stage curtains are in need of some repairs. Many hands make light work. If you could help please call the office.
- The school gymnasium is a great place to have your child's birthday party to inquire about booking please call the office.
- Our school will be practicing a lockdown procedure periodically throughout the school year so all the children and staff will be prepared in case of an emergency.

- **Paired Reading at BACS for Parents**

Parents are invited to bring their school age children to a one hour workshop where you will learn an easy home reading strategy that could improve your child's reading comprehension by one full year in just 12 weeks. Please note date Tuesday October 7th from 6:30-7:30pm

- **Roots Of Empathy**

Are you a proud parent with a new baby? Will your baby be 2-4 months old in October? You and your baby could be a Roots of Empathy family. Roots of Empathy is a program for children in kindergarten to grade 8. The program's aim is to increase empathy-the ability to understand another persons feelings.

Children learn to care and respect each other and there is less bullying and aggression. If you and your baby would like more information on this program please call the school.

Terry Fox Run

Thank you to Sobeys in Morinville for their donation of juice boxes to help hydrate our children.

The Board of Trustees

- Meet each fourth Wednesday of the month 4:30pm at the board office in Morinville. Members of the public are invited to attend. Please note the Board Meeting in October will be held on October 22nd.

1. Library News:



What a pleasure it is to come back to our beautifully renovated library, new books and old favorites. Each child will receive a book bag for their library books to keep them clean and safe from accidental spills in backpacks. Please help your child to bring their books back on a regular basis. This allows for more students to enjoy popular books.

If books are lost or destroyed it is expected that the replacement cost will be paid by the child's caregiver so that we can purchase a new book.

As soon as schedules are settled, students will be taking books out to enjoy. Please help us keep our books safe and clean by using the library bag.

Our author visit is scheduled for Oct. 21. Our author is Marion Booker this year.

Our book fair is scheduled for Nov. 19th & 20th during our Parent/Teacher Interviews and on the 24th during the day.

Thank you for your continued support,
Mrs. DeChamplain & Mrs Hodge

Music Notes:



September was a lot of fun. We have been learning a lot of new songs; some help us to learn some things about music, and some just for fun. Some of the things we have been talking about are the difference between beat and rhythm and tempo, pitch and dynamics. The grade threes have been working on a song to sing at the October 3rd assembly. The rhythm instruments continue to be a hit. (No pun intended).

In October we will continue with what we have studied so far, and we will begin to look more at the way we describe beat using words like "ti ti" and "ta".

Music Teacher
Mr. Propp



Counselling

Mrs Merry DeChamplain is our new school counseller. If your child is experiencing difficulties with friendships or personal problems, please call or send in a note. Mrs. DeChamplain is willing to provide guidance & or referrals for help.

Health Notes:

▪ **Dental Message:**

❖ Floss once a day. Flossing cleans between the teeth where



brushing can't reach.

School Dental Check and Fluoride Program

Kindergarten to Grade 4

Dental staff from the Capital Health Region, Oral Health services will be checking teeth and applying fluoride varnish at your child's school. Fluoride varnish helps to prevent cavities! Please look for the dental consent form your child will bring home. Please sign and return the form to your child's teacher.

Regular attendance can help build reading skills

Building Readers Copyright © 2007 The Parent Institute® www.parent-institute.com

It's important to get your child into the habit of attending school every day and getting there on time. After all, reading skills build day by day. Your child can't learn if she's not in class! Here are some tips for getting your child out the door and ready to learn every day:

- **Help her get organized so she is never late.** Take a few minutes at night to help your child lay out clothes and load her backpack.
- **Avoid scheduling** doctor and dental appointments and vacations while school is in session.
- **Never make up a false excuse** for your child to miss school. That will only serve as a bad example for your child.
- **Don't let your child** stay home for any reason unless she is sick. If she makes up excuses, work with the teacher to solve the problem she's trying to avoid.

Safety Tip:

It is getting to be that time of year again we ask at BACS that you dress your children appropriately for the weather. Here are a few tips for parents to Prevent Frostbite and Hypothermia.

Cold Weather Safety

Children spend a great deal of time outdoors. They are outside while traveling to school, during school recess breaks, while waiting for their ride home, and while playing. These activities do not stop when cold winter weather arrives. When children are outside, they often do not realize how cold they are becoming. Instead of going indoors to warm up, they stay outside to continue playing. Each winter, many Albertans are treated for frostbite and hypothermia. Frostbite is indicated when an area of skin (usually fingers, toes, ears, cheeks, nose or chin) feels slightly painful, then turns white. Hypothermia means that the body is losing heat - this is characterized by shivering and loss of coordination.

Preparing Children for Cold Weather. Check weather forecasts to anticipate clothing needs throughout the day. Choose play areas with warm shelters near by. Teach children the signs of frostbite and hypothermia and the importance of dressing warmly. Remember that the **WINDCHILL FACTOR**. Wind plus freezing temperatures - means it may be a lot colder than the thermometer says. Skin freezes much more quickly when the windchill factor is high.

KIDS - Wear the Gear. Dress in layers of clothing. If you get too warm, you can take off one layer at a time.

Wear a hat. Most of our body heat is lost through our heads. . To prevent frostbite - keep ears covered, wear mittens instead of gloves, and wear warm, waterproof boots.

Other Winter Safety Tips for Parents and Kids

. To prevent clothing related strangulation, wear neck warmers instead of scarves and remove all drawstrings from clothing. . Keep sidewalks clear of snow and ice. . Vehicles take longer to stop on snow and ice. Before crossing the road, be sure all vehicles have come to a **complete** stop. . Stay away from snowplows and snow blowers. Ensure children never put their tongues on cold metal. . Snow forts can be fun but building tunnels can be dangerous, tunnels may collapse and suffocate a child.

- **If busses will not be running due to weather and road conditions it will be announced on the Sturgeon Webpage plus on radio stations CFCW, K-Rock, Mix 96, Power 92, CFBR(BEAR), CBC, and TV stations Global and City TV.**



Milk Message of the Day:

- ❖ Vitamin D is the sunshine vitamin. It helps calcium make our bones and teeth stronger. In Canada, our skin cannot make Vitamin D from the sunshine in the winter. Vitamin D is added to all milk that we drink...



Community News:

- The annual Bon Accord Community School Craft Fair will be held on November 9th from 10:00 am- 4:30 pm please call Amanda @ 921-2216 or Cindy @ 921-3559 to book your table.

OCTOBER 2008



<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
			1	2	3 Assembly @ 9:00Am	4
5	6 Paired Reading	7	8 Staff Meeting Early Dismissal @1:30 	9	10 PD Day No Classes	11
12	13 Thanksgiving Day No School 	14	15	16	17	18
19	20	21 Author Visit	22	23	24 KT,KM Safety City	25
26	27	28 Kindergarten @5:30 School Council @6:30 P.S.S 7:00	29	30	31 Halloween Assembly @ 9:00 Am 	

2008

NOVEMBER 2008

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						1
2	3 Picture Retakes	4	5	6	7 Remembrance Day Ceremony 9:00am 	8
9 Craft Fair 10-4	10 P.D Day No Classes	11 Remembrance Day 	12 Staff Meeting Early Dismissal @ 1:30 	13	14 Report Cards Sent Home 	15
16	17	18	19 Parent Teacher Conferences 5:00-8:00 PM BookFair	20 Parent Teacher Conferences 5:00-8:00 PM Bookfair	21 No School	22
23	24	25 Kindergarten @ 5:30 School Council @ 6:30 P.S.S 7:00	26	27	28 	29
30						

Question and Answer

In the newsletter every month there will be a question and answer section for parents and children that attend the BACS for the students to return for a draw. The answer form must be returned by the date specified with the correct answer for your child to be entered in for the draw of the month. Good luck to all parents and children.



OCTOBER 2008

NAME: _____

Question #1 STUDENT QUESTION-

What has the biggest eyes of any land animal?

Question # 2 PARENT QUESTION-

When will report cards be sent home?

Congratulations to our BA Bear Club Member winners for September
Alex 4D, Skye 3K, Makenna 2G, Halle 1-2G, Oliver KM

Bon Accord Community School

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Principal: Mrs. Betty McWilliam

Vice Principal: Mr. Darryl Propp

Trustee: Mrs. Elizabeth Kohle

School Council Chair: Jessica Rigney